# Spontaneous symmetry breaking of magnetostriction in metals with multivalley band structure 

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#### Abstract

We show that a first-order phase transition can take place in a metal in a strong magnetic field if an electron Landau level approaches the Fermi energy of the metal. This transition is due to the electron-phonon interaction and is characterized by a jump in magnetostriction of the metal. If there are several equivalent groups of charge carriers in the metal, a spontaneous symmetry breaking of the magnetostriction can occur when the Landau level crosses the Fermi energy, and this breaking manifests itself as a series of the structural phase transitions that change a crystal symmetry of the metal. With these results, we discuss unusual findings recently discovered in bismuth.


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## I. INTRODUCTION

Recently [1], oscillations of the Nernst coefficient in bismuth were observed for the magnetic fields directed along the trigonal axis of the crystal. These oscillations have the shape of peaks that originate from the crossing of the Landau levels of the electrons and holes in bismuth with the Fermi level $\mu$ of this semimetal [2-4]. However, several unusual peaks of this coefficient were also discovered for very high magnetic fields $H(14 \lesssim H \lesssim 33 \mathrm{~T})$ [5,6]. At such magnetic fields almost all the Landau levels are empty, and the unusual peaks cannot result from the above-mentioned crossing. In this context, Behnia et al. [5] suggested that the unusual peaks are caused by some collective effects in the electron system of bismuth. Interestingly, in the same interval of the magnetic fields directed almost along the trigonal axis, jumps of magnetization were observed which were ascribed to field-induced instabilities of the ground state of interacting electrons in bismuth [7]. Various explanations of the unusual peaks were put forward [8-11]. In particular, the recent study of their angular variation with a rotating magnetic field led to the conclusion that they are produced by the presence of a secondary domain in twinned crystals [11]. However, this scenario leaves a number of questions unanswered [12], and it does not explain the observation of hysteretic jumps in magnetization [7].

It is well known that crystals are deformed in a magnetic field, i.e., they exhibit magnetostriction [13]. Similarly to the de Haas-van Alphen effect, the magnetostriction oscillates with changing magnetic field. In this paper, we show that apart from the oscillations, jumps in the magnetostriction can occur when the Landau levels approach the Fermi level $\mu$ of a metal. These first-order phase transitions can take place if there are, at least, two different groups of charge carriers in the metal. For example, this situation occurs in bismuth in which the Fermi surface consists of the electron and hole parts. Moreover, in bismuth the electron part is composed of three equivalent ellipsoids. When the magnetic field is along the trigonal axis of bismuth, one may expect that the deformation of the crystal does not destroy its symmetry. However, we show in this paper that if a Landau level of equivalent electron pockets in a metal with a multivalley band structure is close to the Fermi energy $\mu$, a spontaneous symmetry breaking of the crystal deformation can occur so that the electron pockets

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become nonequivalent. In other words, with increasing $H$, the Landau level of the different pockets crosses the Fermi energy at different $H$, and we find several phase transitions instead of single one. These first-order phase transitions change the crystal symmetry of the metal in a certain interval of magnetic fields. Thus, in fact, we find that there is a possibility of governing the crystal symmetry in multivalley metals with the magnetic field. Interestingly, in the recent experimental investigations [14] of the magnetoresistivity of bismuth and of its magnetostriction measured [15] for magnetic fields near the trigonal axis, unusual angular asymmetries of these quantities were observed when Landau levels of appropriate electron ellipsoids were close to the Fermi energy. We discuss how the predicted phase transitions can explain the effects of Refs. [5-7,14,15].

In principle, spontaneous symmetry breaking of equivalent electron groups in a multivalley metal can be due to the electron-electron interaction [16]. In this paper, we show that the effect of the spontaneous symmetry breaking can also result from the electron-phonon interaction inducing the magnetostriction, and this effect can occur even without the interaction between the electrons. Because of this, to simplify our analysis, we neglect the electron-electron interaction here. The relative role of the electron-phonon and electron-electron interactions in the symmetry breaking should be analyzed for every specific metal separately. We also note that the spontaneous symmetry breaking of the magnetostriction is reminiscent the Jahn-Teller effect [17]. However, as we shall see, there is a difference between these effects.

The paper is structured as follows. In Sec. II, we outline simple considerations that qualitatively explain the origin of the transitions and the spontaneous symmetry breaking. These considerations precede the extended quantitative analysis given in the subsequent sections. In Sec. III, general formulas for the magnetostriction of a multivalley metal are presented. To clarify the essence of the matter, in Sec. IV, we calculate the magnetostriction using the simplest model for the band structure of the metal. In Sec. V, the effect of the spontaneous symmetry breaking is discussed. We first consider this effect for a model imitating the band structure of bismuth, and then discuss a generalization of the obtained results to an arbitrary metal with the equivalent groups of charge carriers. In Sec. VI, the conclusions are presented, and the Appendix contains some details of the calculations.

## II. QUALITATIVE CONSIDERATIONS

On switching a magnetic field on, the conduction electrons of metals fill the Landau levels (the Landau subbands), and their energy changes as compared to the energy without the field. Due to the electron-phonon interaction, this change in the energy produces an elastic deformation of a metal, i.e., its magnetostriction. This deformation shifts the electron energy bands and thereby the edges of the Landau subbands in proportion to the magnitude of the deformation. As a result, in the deformed crystal the total energy consisting of the electron and elastic parts reaches its minimum. This principle of the energy minimization just determines the magnitude and the type of the deformation. Evidently, under this deformation a gain in the electron energy exceeds the loss in the elastic energy.

For simplicity, let us assume that the Fermi energy of the electrons in the metal is independent of the deformations and the magnetic field. When the magnetic field increases (and we neglect the magnetostriction), the Landau levels gradually cross this Fermi energy. However, if the magnetostriction is taken into account, the crossing occurs in the form of small jumps of the Landau levels, and at such jumps the system consisting of the electrons and of the crystal deformations goes from one minimum of its total energy to another minimum. To explain this statement, consider the situation when the edge of the $l$ th Landau subband in the deformed crystal lies slightly above the Fermi energy. In this state of the crystal, the total energy is at its minimum. If an additional deformation appears, and the magnitude $u$ of this deformation is such that the $l$ th subband begins to fill with the electrons, the energy of the electrons occupying this Landau level can be estimated as $\Delta_{l} \cdot N^{(l)}(H)$, where we measure the electron energies from the Fermi level, $\Delta_{l}$ defines the edge of the $l$ th subband $\left(\Delta_{l}<0\right)$, and $N^{(l)}(H)$ is the number of the electrons in this subband, $N^{(l)}(H) \propto H \sqrt{\left|\Delta_{l}\right|}$ [13]. On the other hand, the loss in the elastic energy at this deformation will be proportional to $u^{2} \propto$ [ $\left.\Delta_{l}-\Delta_{l}(0)\right]^{2}$, where $\Delta_{l}(0)>0$ is the initial value of $\Delta_{l}$ at $u=0$. Since at sufficiently small $\Delta_{l}$ and $\Delta_{l}(0)$, the gain in the electron energy $\left|\Delta_{l}\right| \cdot N^{(l)}(H) \propto\left|\Delta_{l}\right|^{3 / 2}$ always exceeds the elastic term quadratic in $\Delta_{l}$, a deeper minimum of the total energy than the initial one exists, and the initial state of the crystal is not optimal at such small values of $\Delta_{l}(0)$. It is favorable for the deformation to make a jump and for the electrons to occupy partly the $l$ th Landau level at a certain small value of $\Delta_{l}(0)$. This jump means that a first-order phase transition occurs in the metal.

The above considerations are valid for any type of the deformation. In reality, that type of the deformations occurs which provides the deepest minimum of the total energy. In metals with several equivalent groups of charge carriers, only a part of elastic deformations leaves the symmetry of the crystal unchanged, whereas the other part breaks it. For the symmetry breaking to occur, an asymmetric deformation should provide a deeper minimum of the total energy than any symmetric deformation. This condition imposes some restriction on the elastic moduli of the metal and the components of the deformation potential (i.e., on the constants defining the ratios $\left[\Delta_{l}-\Delta_{l}(0)\right] / u$ for different types of the deformations). Although the explicit form of this restriction depends on the crystal symmetry, our analysis shows that the restriction is not
rigid and may be fulfilled for many metals including bismuth, see Sec. V and the Appendix.

## III. FORMULAS FOR MAGNETOSTRICTION

At low temperatures, the magnetostriction can be found from the minimization of the following energy $E$ with respect to the deformation $u$ :

$$
\begin{equation*}
E(u, H)=C \frac{u^{2}}{2}+\Delta E_{e}(u, H)-\Delta E_{e}(u, 0) \tag{1}
\end{equation*}
$$

where

$$
\Delta E_{e}(u, H) \equiv E_{e}(u, H)-E_{e}(0, H)
$$

$E_{e}=\sum_{i=1}^{n} E_{i}$ is the electron energy in a multivalley metal with $n$ groups of charge carriers, $E_{i}$ is the energy of the $i$ th group, $u$ is the magnitude of the deformation tensor, and $C$ is the appropriate elastic modulus of the crystal. The first term in Eq. (1) gives the total elastic energy $C u^{2} / 2$ of the deformation. This energy is partly produced by $\Delta E_{e}(u, 0)$, and hence the difference of the first and third terms is the elastic energy that is not associated with the electron groups under study. The second term describes the change in the energy of these groups in the magnetic field under the deformation. Here we use the simplified form $C u^{2} / 2$ of the elastic energy. Its accurate form should take into account a symmetry of the metal; see Sec. V.

The calculation of the magnetostriction $u$ with formula (1) is in agreement with the traditional approach presented in Ref. [13]. Indeed, the difference $\Delta E_{e}(u, H)-\Delta E_{e}(u, 0)$ can be rewritten in the form

$$
\begin{aligned}
\Delta E_{e}(u, H)-\Delta E_{e}(u, 0) & =\left[E_{e}(u, H)-E_{e}(u, 0)\right] \\
-\left[E_{e}(0, H)-E_{e}(0,0)\right] & =-\int_{0}^{H}\left[M_{e}\left(u, H^{\prime}\right)-M_{e}\left(0, H^{\prime}\right)\right] d H^{\prime}
\end{aligned}
$$

where $M_{e}(u, H)$ is the magnetization of the $n$ electron groups in the crystal under the deformation $u$ and at the magnetic field $H$. Assuming that $M_{e}(u, H)$ is a smooth function of $u$, i.e., $M_{e}\left(u, H^{\prime}\right)-M_{e}\left(0, H^{\prime}\right) \approx u \cdot\left[\partial M_{e}\left(u, H^{\prime}\right) / \partial u\right]_{u=0}$, the minimization of expression (1) in $u$ gives

$$
\begin{equation*}
u=\frac{1}{C} \int_{0}^{H}\left[\frac{\partial M_{e}\left(u, H^{\prime}\right)}{\partial u}\right]_{u=0} d H^{\prime} \tag{2}
\end{equation*}
$$

At weak magnetic fields when $M_{e}=\chi_{e} H$, we arrive at the quadratic dependence of $u$ on $H$ [18]:

$$
\begin{equation*}
u=\left.\frac{H^{2}}{2 C} \frac{\partial \chi_{e}}{\partial u}\right|_{u=0}, \tag{3}
\end{equation*}
$$

where $\chi_{e}$ is the magnetic susceptibility of the electron groups involved. With increasing magnetic field, the oscillating part of the magnetization, $M_{e}^{\mathrm{os}}$, appears, and if only the main harmonics of this oscillating part are taken into account,

$$
M_{e}^{\mathrm{os}} \approx \sum_{i=1}^{n} M_{i}^{\mathrm{os}}=\sum_{i=1}^{n} M_{i} \sin \left(\frac{2 \pi S_{i}}{H}+\phi_{i}\right)
$$

one obtains the following formula that agrees with expression (4.20) from Ref. [13]:

$$
u \approx-\frac{H}{C} \sum_{i=1}^{n}\left[\frac{\partial \ln S_{i}}{\partial u} M_{i}^{\mathrm{os}}\right]_{u=0}
$$

where $S_{i}$ are extremal cross-section areas of the Fermi surfaces of the electron groups, and $M_{i}, \phi_{i}$ are the magnitudes and phases of the harmonics. Below, we shall deal with the expression (1) rather than with formula (2) since we shall take into account a nonanalytic contribution (in relation to the variable $u$ ) to the electron energy. It is this contribution that determine the effects discussed in this paper.

The differences $\Delta E_{e}$ caused by the deformation originate from the changes in the energy spectra $\epsilon_{i}(\mathbf{k})$ for the electron groups. These changes $\Delta \epsilon_{i}(\mathbf{k})$ can be described with the deformation potential $D(\mathbf{k}), \Delta \epsilon_{i}(\mathbf{k})=D_{i}(\mathbf{k}) u$. For simplicity, we assume below that $D_{i}(\mathbf{k})$ are constants which are independent of $\mathbf{k}$, i.e., the deformation shifts the electron bands as a whole by the values $\Delta \varepsilon_{i}=D_{i} u$. An analysis of $D_{i}$ for bismuth [19] shows that this "solid-band" approximation is really good.

Strictly speaking, formula (1) has to include also a deformation change in the energy of the bands completely filled with electrons, and accordingly expression (2) contains the total magnetization $M$ rather than $M_{e}$. However, the filled bands give an analytic and nonoscillating contribution to $M$ in the variables $H$ and $u$, and the deformation change of the magnetic energy for these bands is $-u H^{2}\left(\partial \chi_{\text {filled }} / \partial u\right)_{u=0} / 2$. Since the magnetic susceptibility $\chi_{\text {filled }}$ of the filled bands lying well below the Fermi level $\mu$ weakly depends on the deformation $u$ (in the solid-band approximation the magnetic susceptibility of the filled bands is completely independent of $u$ ), these bands can lead only to a small renormalization of the coefficient $\beta$ in Eq. (9), and we completely neglect these bands here.

## IV. SIMPLE MODEL

For a metal with a single electron group, we obtain $\Delta E_{e}(u, H)=\Delta E_{e}(u, 0)$ within the solid-band approximation, and the minimization of $E(u, H)$ in $u$ gives $u=0$. In other words, within this approximation the magnetostriction is absent for such a metal. To clarify the main ideas, consider the simplest model, which leads to a nonzero value of the magnetostriction. In this model, the Fermi surface of a metal consists of two spheres corresponding to small and large electron groups with the spectra

$$
\epsilon_{s, l}(\mathbf{k})=\varepsilon_{s, l}+\frac{\hbar^{2} \mathbf{k}^{2}}{2 m_{s, l}}
$$

Here, $\varepsilon_{s, l}$ are the energy minima of the electron groups with $\mu-\varepsilon_{s} \ll \mu-\varepsilon_{l}, \mathbf{k}$ is the wave vector in the Brillouin zone of the crystal (for each group $\mathbf{k}$ is measured from the appropriate minimum), $m_{s, l}$ are the effective masses, and $\mu$ is the Fermi level of the metal. The large difference in the sizes of the groups, $\mu-\varepsilon_{s} \ll \mu-\varepsilon_{l}$, is exclusively assumed to simplify the calculation of the Fermi energy $\mu$, which generally depends on $H$ and $u$. These dependences of $\mu$ can be always represented in the form $\mu=\mu(H)+\Delta \mu(u, H)$ where $\mu(H)$ is the Fermi energy at $u=0$, and $\Delta \mu(u, H)$ describes the dependence of $\mu$ on $u$. These $\mu(H)$ and $\Delta \mu(u, H)$ are found from the
conservation of the electrons, $N_{s}+N_{l}=N_{\text {tot }}=$ const., where $N_{s, l}$ are the numbers of the particles in the small and large groups, and $N_{\text {tot }}$ is the total number of the electrons. When $N_{l} \gg N_{s}$, this conservation law leads to simple formulas: $\mu(H) \approx \mu(0)$ and $\Delta \mu(u, H) \approx \Delta \mu(u) \approx \Delta \varepsilon_{l}=D_{l} u$.

Within the solid-band approximation, one may write at $H=0$,

$$
\begin{equation*}
\Delta E_{e}(u, 0)=\Delta \varepsilon_{s} N_{s}(0)+\Delta \varepsilon_{l} N_{l}(0) \tag{4}
\end{equation*}
$$

where $N_{s, l}(0) \equiv N_{s, l}\left(\mu-\varepsilon_{s, l}, H=0\right)$ are the numbers of the particles in the groups at $H=0$ and $u=0$,

$$
N_{s, l}(0)=\frac{\left(2 m_{s, l}\right)^{3 / 2}\left(\mu-\varepsilon_{s, l}\right)^{3 / 2}}{3 \pi^{2} \hbar^{3}}
$$

On closer examination of $\Delta E_{e}(u, 0)$ one should take into account a change of $N_{s, l}$ in the process of a variation of $u$ (i.e., of $\Delta \varepsilon_{s, l}=D_{s, l} u$ ). Then the right-hand side of Eq. (4) is rewritten as follows:

$$
\begin{align*}
\Delta E_{e}= & \int_{\varepsilon_{s}}^{\varepsilon_{s}+\Delta \varepsilon_{s}} N_{s}\left(\mu^{\prime}-\varepsilon_{s}^{\prime}, 0\right) d \varepsilon_{s}^{\prime} \\
& +\int_{\varepsilon_{l}}^{\varepsilon_{l}+\Delta \varepsilon_{l}} N_{l}\left(\mu^{\prime}-\varepsilon_{l}^{\prime}, 0\right) d \varepsilon_{l}^{\prime} \\
= & N_{\mathrm{tot}} \Delta \varepsilon_{l}+\left(1-\frac{D_{l}}{D_{s}}\right) \int_{\varepsilon_{s}}^{\varepsilon_{s}+\Delta \varepsilon_{s}} N_{s}\left(\mu^{\prime}-\varepsilon_{s}^{\prime}, 0\right) d \varepsilon_{s}^{\prime} \\
= & N_{\mathrm{tot}} \Delta \varepsilon_{l}+\Omega_{s}\left(\mu+\Delta \mu-\Delta \varepsilon_{s}-\varepsilon_{s}, 0\right) \\
& -\Omega_{s}\left(\mu-\varepsilon_{s}, 0\right) \tag{5}
\end{align*}
$$

where $\Omega_{s}\left(\mu^{\prime}-\varepsilon_{s}^{\prime}, 0\right)$ is the $\Omega$ potential of the small group, and $N_{s}\left(\mu^{\prime}-\varepsilon_{s}^{\prime}, 0\right), N_{l}\left(\mu^{\prime}-\varepsilon_{l}^{\prime}, 0\right)$ denote the numbers of the particles in the electron groups at $H=0$ provided that the energy minima of these groups are equal to $\varepsilon_{s}^{\prime}$ and to $\varepsilon_{l}^{\prime}$, respectively, and $\mu^{\prime}=\mu^{\prime}\left(\varepsilon_{s}^{\prime}\right)$. In obtaining Eq. (5), we have used the conservation law $N_{l}=N_{\text {tot }}-N_{s}$ and the equalities

$$
N_{s}\left(\mu-\varepsilon_{s}, 0\right)=-\frac{\partial \Omega_{s}}{\partial \mu}=\frac{d \Omega_{s}}{d \varepsilon_{s}}\left(1-\frac{D_{l}}{D_{s}}\right)^{-1}
$$

where

$$
\Omega_{s}\left(\mu-\varepsilon_{s}, 0\right)=-\frac{2\left(2 m_{s}\right)^{3 / 2}\left(\mu-\varepsilon_{s}\right)^{5 / 2}}{15 \pi^{2} \hbar^{3}}
$$

for $\mu-\varepsilon_{s}>0$, and $\Omega_{s}\left(\mu-\varepsilon_{s}, 0\right)=0$ for $\mu-\varepsilon_{s}<0$. Taking into account the relationship $\Delta \mu-\Delta \varepsilon_{s}=\left(D_{l}-D_{s}\right) u$, we see that $\Omega_{s}\left(\mu+\Delta \mu-\Delta \varepsilon_{s}-\varepsilon_{s}, 0\right)$ in Eq. (5) is a nonlinear and nonanalytic function of $u$ when in the deformed crystal the band bottom approaches the Fermi level, i.e., when

$$
\Delta \mu-\Delta \varepsilon_{s}+\mu-\varepsilon_{s} \rightarrow 0
$$

However, in the opposite limit, at relatively small shifts of $\varepsilon_{s}$ and $\mu$,

$$
\begin{equation*}
\left|\Delta \mu-\Delta \varepsilon_{s}\right| \ll \mu(0)-\varepsilon_{s} \tag{6}
\end{equation*}
$$

this $\Omega_{s}\left(\mu+\Delta \mu-\Delta \varepsilon_{s}-\varepsilon_{s}, 0\right)$ tends to a linear function of $u$,

$$
\begin{aligned}
& \Omega_{s}\left(\mu+\Delta \mu-\Delta \varepsilon_{s}-\varepsilon_{s}, 0\right) \\
& \quad \approx \Omega_{s}\left(\mu-\varepsilon_{s}, 0\right)-N_{s}(0)\left(\Delta \mu-\Delta \varepsilon_{s}\right)
\end{aligned}
$$

and Eq. (5) reduces to Eq. (4). Our estimates show that under the condition $N_{l} \gg N_{s}$ the inequality (6) is always fulfilled
at zero magnetic field, and hence Eq. (4) is valid in this case. However, another situation occurs at $H \neq 0$.

In the magnetic field $H$, the electrons fill the Landau levels (the Landau subbands) of both the groups,

$$
\epsilon_{s, l}^{n}\left(k_{z}\right)=\varepsilon_{s, l}+\frac{\hbar e H}{m_{s, l} c}\left(n+\frac{1}{2}\right)+\frac{\hbar^{2} k_{z}^{2}}{2 m_{s, l}},
$$

where $e$ is the absolute value of the electron charge, $n=$ $0,1, \ldots$, and $k_{z}$ is directed along the magnetic field. For simplicity, we neglect the intrinsic magnetic moment of an electron here. Let the edge $\epsilon_{s}^{1}(0)$ of the first Landau subband of the small group be in the vicinity of $\mu$. This occurs at $H \approx$ $H_{1} \equiv(2 / 3)\left(m_{s} c / \hbar e\right)\left(\mu-\varepsilon_{s}\right)$. The calculation of $\Delta E_{e}(u, H)$ is similar to the calculation of $\Delta E_{e}(u, 0)$, and we obtain

$$
\begin{align*}
\Delta E_{e}(u, H)= & \Delta \varepsilon_{l} N_{\mathrm{tot}}+\Delta \varepsilon_{s} N_{s}^{0}(H)\left(1-\frac{D_{l}}{D_{s}}\right) \\
& +\Omega_{s}^{1}\left(\mu+\Delta \mu-\Delta \varepsilon_{s}-\epsilon_{s}^{1}(0), H\right) \\
& -\Omega_{s}^{1}\left(\mu-\epsilon_{s}^{1}(0), H\right) \tag{7}
\end{align*}
$$

where $N_{\text {tot }}$ is the total number of the electrons in the two groups; $N_{s}^{0}(H)$ is the number of the particles in the zeroth Landau level of the small group at $u=0$,

$$
N_{s}^{0}(H)=\frac{e H \sqrt{2 m_{s}}\left[\mu-\epsilon_{s}^{0}(0)\right]^{1 / 2}}{\pi^{2} \hbar^{2} c}
$$

and $\Omega_{s}^{1}\left(\mu-\epsilon_{s}^{1}(0), H\right)$ is the $\Omega$ potential of the electrons in the first Landau level of this group,

$$
\begin{equation*}
\Omega_{s}^{1}\left(\mu-\epsilon_{s}^{1}(0), H\right)=-\frac{2 e H \sqrt{2 m_{s}}\left[\mu-\epsilon_{s}^{1}(0)\right]^{3 / 2}}{3 \pi^{2} \hbar^{2} c} \tag{8}
\end{equation*}
$$

Now, $\Delta \mu-\Delta \varepsilon_{s}$ may be comparable with $\mu-\epsilon_{s}^{1}(0)$, and so we do not replace the last terms in Eq. (7) by ( $\Delta \varepsilon_{s}-$ $\Delta \mu) N_{s}^{1}(H)$ where $N_{s}^{1}(H)$ is the number of the electrons in the first Landau level of the small group at $u=0$. It is also necessary to emphasize that formula for $\Delta E_{e}(u, H)$ does not reveal a nonlinear and nonanalytic term at the magnetic fields when a Landau-subband edge of the large group is close to $\mu$. This is due to our approximation $\Delta \mu=\Delta \varepsilon_{l}$ based on a small ratio of the densities of states for the small and large groups. If $N_{l}$ and $N_{s}$ were comparable, the nonanalytic term would also appear when Landau-subband edges of the large group cross $\mu$.

Combining formulas (1), (4), (7), and (8), we arrive at

$$
\begin{equation*}
E(u, H)=C \frac{u^{2}}{2}+\beta u+\alpha\left[\Delta_{1}-\Delta D u\right]^{3 / 2}+E_{1} \tag{9}
\end{equation*}
$$

where the constant $E_{1}=-\Omega_{s}^{1}\left(\mu-\epsilon_{s}^{1}(0), H\right)$ is independent of $u ; \Delta D \equiv D_{s}-D_{l} ;$

$$
\begin{gather*}
\Delta_{1}=\mu-\epsilon_{s}^{1}(0)=\left(\mu-\varepsilon_{s}\right) \frac{H_{1}-H}{H_{1}},  \tag{10}\\
\alpha(H) \approx \alpha\left(H_{1}\right)=-\frac{2 e H_{1} \sqrt{2 m_{s}}}{3 \pi^{2} \hbar^{2} c},  \tag{11}\\
\beta(H) \approx \beta\left(H_{1}\right)=\left[N_{s}^{0}\left(H_{1}\right)-N_{s}(0)\right] \Delta D, \tag{12}
\end{gather*}
$$

the singular (nonanalytic) term $\alpha\left[\Delta_{1}-\Delta D \cdot u\right]^{3 / 2}$ exists only at $\Delta_{1}-\Delta D \cdot u>0$, otherwise it is zero. Formula (9) without


FIG. 1. The $u$ dependence of $E$, Eq. (9), shown schematically for different $H$ : (1) $H<H_{1}^{-}$; (2) $H_{1}^{-}<H<H_{t}$; (3) $H=H_{t}$; (4) $H_{t}<H<H_{1}^{+}$; and (5) $H_{1}^{+}<H$. The points mark the appropriate minima. For clarity, the curves are shifted along the $E$ axis.
the singular term is analogous to expressions used in Ref. [20]. The singular term was taken into account in Ref. [21]. However, the sign of the parameter $\alpha$ was positive in that paper, whereas we obtain the negative $\alpha$ [22].

Our analysis of Eq. (9) shows that in contrast to the case $\alpha>0$, at negative $\alpha$ the function $E(u, H)$ has two minima with respect to $u$ in the interval of the magnetic fields, $H_{1}^{-}<H<$ $H_{1}^{+}$, near $H_{1}$, see Fig. 1. Here the boundaries of the interval $H_{1}^{-}$and $H_{1}^{+}$are determined by the formulas

$$
\begin{align*}
\frac{H_{1}-H_{1}^{-}}{H_{1}} & =-\frac{\beta\left(H_{1}\right) \Delta D}{C\left(\mu-\varepsilon_{s}\right)}  \tag{13}\\
\frac{H_{1}^{+}-H_{1}^{-}}{H_{1}} & =\frac{9 \alpha^{2} \Delta D^{4}}{16 C^{2}\left(\mu-\varepsilon_{s}\right)} \tag{14}
\end{align*}
$$

In this interval, one of the minima occurs at $u=u^{+}=-\beta / C$, whereas the second minimum is at the point $u=u^{-}$, which depends on $H$. The appearance of this additional minimum is due to existence of the singular term, which is proportional to $-\left[\left(\Delta_{1} / \Delta D\right)-u\right]^{3 / 2}$ for positive $\left[\left(\Delta_{1} / \Delta D\right)-u\right]$. This term overcomes the quadratic dependence $C\left(u-u^{+}\right)^{2} / 2$ of $E$ that would occur in the vicinity of the point $u=u^{+}$if the singular term were absent. At small positive $H-H_{1}^{-}$the absolute minimum of $E$ is at $u=u^{-}$. With increasing $H$, the second minimum at $u=u^{+}$decreases, and at the magnetic field $H_{t}=$ $\left(H_{1}^{-}+3 H_{1}^{+}\right) / 4$ one finds $E\left(u^{+}\right)=E\left(u_{0}^{-}\right)$, where

$$
u_{0}^{-} \equiv u^{-}\left(H_{t}\right)=u^{+}-\frac{27 \alpha^{2} \Delta D^{3}}{16 C^{2}}
$$

At this $H=H_{t}$, the deformation $u$ jumps from $u_{0}^{-}$to $u^{+}$since the absolute minimum of $E$ is at $u=u^{+}$for $H>H_{t}$. Thus we find a first-order phase transition at the magnetic field $H_{t}$.

At the first-order phase transition described here, the first Landau-level edge of the small group sharply crosses the Fermi energy, and the magnetic moment $M$ associated with this group experiences the jump,

$$
\begin{equation*}
\Delta M \approx \frac{9 \sqrt{2 m_{s}} \alpha e(\Delta D)^{2}\left(\mu-\varepsilon_{s}\right)}{8 \pi^{2} c \hbar^{2} C} \tag{15}
\end{equation*}
$$

Note that under a cycling of $H$, a hysteresis of the magnetic moment and the magnetostriction can occur, and the width of the hysteresis loop may reach $H_{1}^{+}-H_{1}^{-}$.

The derived jump and hysteresis of $M$ can qualitatively explain the results of Ref. [7], in which the magnetization of bismuth was measured at the magnetic fields $H$ tilted away from the trigonal axis of the crystal by angles $\theta$. For such tilted $H$, the electron ellipsoids in bismuth are not equivalent, and the jump in $M$ just occurs when the Landau-level edge of one of the ellipsoids is close to the Fermi energy (cf. Figs. 3 and 3(a) in Refs. [7] and [2], respectively). This is in accordance with our results if we consider the other electrons and the holes in bismuth as the large group of charge carries.

Simple generalization of the above results shows that the described phase transition can occur in the vicinities of the magnetic fields

$$
H_{l} \equiv \frac{2\left(\mu-\varepsilon_{s}\right) m_{s} c}{(2 l+1) \hbar e}=\frac{3 H_{1}}{2 l+1}
$$

when the $l$ th Landau-level edge of the small group is close to the Fermi energy (here $l=0,1,2, \ldots$ ). In this case, formula (9) is still valid, the parameter $\alpha$ is proportional to $H_{l}$, and the jump $\left(27 \alpha^{2} \Delta D^{3} / 16 C^{2}\right)$ in $u$ at the transition decreases like $(2 l+1)^{-2}$ with increasing $l$. The characteristic region of the transition, $H_{l}^{+}-H_{l}^{-}$, also decreases with $l: H_{l}^{+}-H_{l}^{-} \propto$ $(2 l+1)^{-3}$. Therefore one may expect that at high $l$ the transition is smeared by temperature, and so it can be probably observed only for not-too-large $l$, i.e., at sufficiently strong magnetic fields, and at low temperatures.

## V. SPONTANEOUS SYMMETRY BREAKING

In a metal each component of the deformation tensor $u_{i j}$, in general, has an effect on its electron spectrum, and this effect is described by the corresponding component $D_{i j}$ of the deformation potential. In the above analysis of the simplest model it has been implied that $u_{i j}$ can be represented in the form $u_{i j}=u u_{i j}^{0}$ where $u_{i j}^{0}$ are some constants, and $u$ describes the magnitude of the deformation. Then, we arrive at the problem considered above with $D_{s, l}=\sum_{i, j} D_{i j}^{s, l} u_{i j}^{0}$ and $C=\sum_{i, j, l, m} c_{i j l m} u_{i j}^{0} u_{l m}^{0}$, where $c_{i j l m}$ are the elastic moduli of the crystal. However, the constants $u_{i j}^{0}$, in general, can change at the transition. In particular, if a metal contains several equivalent groups of charge carriers, in minimizing the appropriate energy it may be favorable to break a symmetry of these groups. In other words, one should minimize the energy over all $u_{i j}$ independently, and this minimization can lead to the crystal symmetry breaking. To illustrate this idea, consider first a model spectrum imitating the band structure of bismuth, and then we shall generalize the obtained results.

## A. Model imitating bismuth

Let the Fermi surface of a metal with the symmetry of bismuth [23] consist of three equivalent electron ellipsoids "a," " $b$," " $c$ " centered at the points $L$ of the Brillouin zone and of a large ellipsoid (similar to the large sphere in the simplest model) located at the point $T$, Fig. 2. The large ellipsoid can be of the hole or electron type, this has no effect on the subsequent results. The axes 1 and 3 coincide with the binary


FIG. 2. The Landau-level edge $\epsilon_{e}^{1}(0)+\Delta \varepsilon_{e}^{i}$ for the electron ellipsoids "a," "b," and "c" vs $H$ (solid lines). The dashed line is the $H$ dependence of $\mu+\Delta \mu$. All the energies are measured from $\varepsilon_{e}$, the bottom of the undeformed electron ellipsoids. Here, $A=3 \times$ $10^{17} \mathrm{~cm}^{-3} \mathrm{meV}^{-1}, B / A=0.5, A_{h}=-0.4, e \sqrt{2 m_{s}} /\left(3 \pi^{2} \hbar^{2} c A\right)=$ $0.04 \mathrm{meV}^{1 / 2} / \mathrm{T}, \mu=10 \mathrm{meV}, m_{\perp}=0.2 m$, and $g_{e}\left(m_{\perp} / 4 m\right)=0.4$. These parameters give $H_{1} \approx 20.2 \mathrm{~T}$. The inset schematically shows the three electron ellipsoids centered at the points L and the hole ellipsoid (h) at the point $T$ of the Brillouin zone.
and the trigonal axes, respectively, while the axis 2 is along the bisectrix direction. The spectra of the electrons, $\epsilon_{e}(\mathbf{k})$, and of the charge carriers in the large group, which will be arbitrarily called the "holes,",$\epsilon_{h}(\mathbf{k})$, are assumed to be quadratic functions of $\mathbf{k}$. In particular, we use the following dispersion relation for the electrons:

$$
\begin{equation*}
\epsilon_{e}(\mathbf{k})=\varepsilon_{e}+\frac{k_{1}^{2}+k_{2}^{2}}{2 m_{\perp}}+\frac{k_{3}^{2}}{2 m_{s}} \tag{16}
\end{equation*}
$$

where $\varepsilon_{e}$ is the bottom of the electron bands, and we admit a difference between the effective masses $m_{s}$ and $m_{\perp}$.

The elastic energy $E_{e l}$ for such a crystal is the quadratic form in $u_{i j}$ [20]:

$$
\begin{align*}
E_{e l}= & \frac{c_{11}+c_{12}}{4}\left(u_{11}+u_{22}\right)^{2}+\frac{c_{33}}{2} u_{33}^{2} \\
& +\frac{c_{11}-c_{12}}{4}\left[\left(u_{11}-u_{22}\right)^{2}+4 u_{12}^{2}\right]+c_{13}\left(u_{11}+u_{22}\right) u_{33} \\
& +2 c_{44}\left(u_{13}^{2}+u_{23}^{2}\right)+2 c_{14}\left[\left(u_{11}-u_{22}\right) u_{23}+2 u_{12} u_{13}\right] \tag{17}
\end{align*}
$$

where $c_{11}, c_{12}, c_{33}, c_{13}, c_{14}$, and $c_{44}$ are the elastic moduli of the crystal in the Voigt notation. The deformations $u_{i j}$ shift the energy extremum for the holes, $\varepsilon_{h}$, and the bottom of the electron band, $\varepsilon_{e}$, in the ellipsoids "a," "b," and "c" as follows [20]:

$$
\begin{gather*}
\Delta \varepsilon_{h}=D_{11}^{h}\left(u_{11}+u_{22}\right)+D_{33}^{h} u_{33},  \tag{18}\\
\Delta \varepsilon_{e}^{a}=D_{11}^{e} u_{11}+D_{22}^{e} u_{22}+D_{33}^{e} u_{33}+2 D_{23}^{e} u_{23},  \tag{19}\\
\Delta \varepsilon_{e}^{b, c}=\frac{1}{4}\left(D_{11}^{e}+3 D_{22}^{e}\right) u_{11}+\frac{1}{4}\left(3 D_{11}^{e}+D_{22}^{e}\right) u_{22}+D_{33}^{e} u_{33} \\
\pm \frac{\sqrt{3}}{2}\left(D_{11}^{e}-D_{22}^{e}\right) u_{12} \pm \sqrt{3} D_{23}^{e} u_{13}-D_{23}^{e} u_{23}, \tag{20}
\end{gather*}
$$

where $D_{i j}^{e}$ and $D_{i j}^{h}$ are the components of the deformation potential for the electrons and the holes, respectively.

Let the magnetic field $H$ be along the trigonal axis of the crystal. In this case, the electron Landau levels at $k_{3}=0$ has the form:

$$
\begin{equation*}
\epsilon_{e}(n, \pm, 0)=\varepsilon_{e}+\frac{\hbar e H}{m_{\perp} c}\left(n+\frac{1}{2} \pm g_{e} \frac{m_{\perp}}{4 m}\right) \tag{21}
\end{equation*}
$$

where $g_{e}$ is the electron $g$ factor, and $m$ is the electron mass. We assume here that the lowest electron Landau level $0_{e}^{-}$is filled, while the next Landau level of the electrons, $0_{e}^{+}$is close to the Fermi energy ( 0 means $n=0$, and the minus and plus indicate the projection of the electron spin on the direction of $H$ ). In strong magnetic fields ( $H>10 \mathrm{~T}$ ), this situation really occurs in bismuth in a wide interval of the magnetic fields [2]. The magnetostriction of the metal is still found from the minimization of $E\left(u_{i j}, H\right)$, Eq. (1), with respect to all $u_{i j}$. However, now the term $C u^{2} / 2$ is replaced by $E_{e l}\left(u_{i j}\right)$, Eq. (17), whereas $E_{e}$ is the sum of the energies of the holes and of the electrons in the ellipsoids "a," "b," and "c," $E_{e}=E_{h}+E_{a}+$ $E_{b}+E_{c}$. The changes of these energies are described by the formulas that are similar to Eqs. (4) and (7).

Using Eqs. (18)-(20), it is convenient to express four components of the tensor $u_{i j}$ in terms of $\Delta \varepsilon_{h}, \Delta \varepsilon_{e}^{a}, \Delta \varepsilon_{e}^{b}$, $\Delta \varepsilon_{e}^{c}$ and to insert these expressions into $E\left(u_{i j}, H\right)$. The energy $E$ thus obtained is a quadratic form in the remaining two components of $u_{i j}$ and in $\Delta \varepsilon_{h}$, and we minimize this form with respect to these three variables. Eventually, we arrive at

$$
\begin{align*}
& E\left(\Delta \varepsilon_{e}^{a}, \Delta \varepsilon_{e}^{b}, \Delta \varepsilon_{e}^{c}, H\right) \\
&= A\left[\left(\delta \varepsilon_{e}^{a}\right)^{2}+\left(\delta \varepsilon_{e}^{b}\right)^{2}+\left(\delta \varepsilon_{e}^{c}\right)^{2}\right] \\
&+2 B\left[\delta \varepsilon_{e}^{a} \delta \varepsilon_{e}^{b}+\delta \varepsilon_{e}^{b} \delta \varepsilon_{e}^{c}+\delta \varepsilon_{e}^{c} \delta \varepsilon_{e}^{a}\right]+\left(\Omega_{a}^{1}+\Omega_{b}^{1}+\Omega_{c}^{1}\right) \\
&+\left[N_{e}^{0}(H)-N_{e}(0)\right]\left(\delta \varepsilon_{e}^{a}+\delta \varepsilon_{e}^{b}+\delta \varepsilon_{e}^{c}\right) \tag{22}
\end{align*}
$$

where $\quad \delta \varepsilon_{e}^{i} \equiv \Delta \varepsilon_{e}^{i}-\Delta \varepsilon_{h} \quad(i=a, b, c) ; \quad \Delta \varepsilon_{h}=A_{h}\left(\Delta \varepsilon_{e}^{a}+\right.$ $\Delta \varepsilon_{e}^{b}+\Delta \varepsilon_{e}^{c}$ ); the coefficients $A, B$, and $A_{h}$ are combinations of the elastic moduli and the components of the deformation potential, and the explicit expressions for them are given in the Appendix; $N_{e}(0)$ is the number of the electrons in one of the undeformed ellipsoids at $H=0$, and $N_{e}^{0}(H)$ denotes the number of the electrons in the lowest Landau level $0_{e}^{-}$of this ellipsoid; $\Omega_{i}^{1}$ are the $\Omega$ potentials for the electrons occupying the next Landau level $0_{e}^{+}$in the deformed ellipsoids $i=\mathrm{a}, \mathrm{b}$, c. These potentials $\Omega_{i}^{1}$ are determined by Eq. (8):

$$
\begin{align*}
\Omega_{i}^{1} & =\frac{1}{2} \Omega_{s}^{1}\left[\mu+\Delta \mu-\epsilon_{e}^{1}(0)-\Delta \varepsilon_{e}^{i}\right] \\
& =\frac{1}{2} \Omega_{s}^{1}\left[\mu-\epsilon_{e}^{1}(0)-\delta \varepsilon_{e}^{i}\right], \tag{23}
\end{align*}
$$

where $\epsilon_{e}^{1}(0)$ is the edge of the Landau level $0_{e}^{+}$,

$$
\epsilon_{e}^{1}(0) \equiv \epsilon_{e}(0,+, 0)=\varepsilon_{e}+\frac{\hbar e H}{m_{\perp} c}\left(\frac{1}{2}+g_{e} \frac{m_{\perp}}{4 m}\right)
$$

As in the simplest model, the Fermi energy $\mu(H)$ and its shift $\Delta \mu$ under the deformations are found from the relations: $\mu(H) \approx \mu(0) \equiv \mu$ and $\Delta \mu \approx \Delta \varepsilon_{h}$, and these relations have been used in the derivation of Eq. (22).

Let us introduce the characteristic magnetic field $H_{1}$ at which $\epsilon_{e}^{1}(0)$ crosses the Fermi energy $\mu$. When $H$ is far from $H_{1}$, i.e., when the edge of the Landau level $0_{e}^{+}$is not
close to the Fermi energy, the terms $\Omega_{i}^{1}$ is practically linear in $\delta \varepsilon_{e}^{i}: \Omega_{i}^{1} \approx \delta \varepsilon_{e}^{i} N_{e}^{1}(H)$, where $N_{e}^{1}(H)$ is numbers of the electrons in the Landau level $0_{e}^{+}$of one of the undeformed ellipsoids. Then, expression (22) reduces to the quadratic form in $\delta \varepsilon_{e}^{i}$. The minimization of this expression with respect to $\delta \varepsilon_{e}^{i}$ always leads to $\delta \varepsilon_{e}^{a}=\delta \varepsilon_{e}^{b}=\delta \varepsilon_{e}^{c}$, i.e., the magnetostriction does not change the crystal symmetry of the metal at such magnetic fields, and these $\delta \varepsilon_{e}^{i}$ are smooth functions of $H$. In the case when the Landau-level edge $\epsilon_{e}^{1}(0)$ is close to the Fermi energy, $\Omega_{i}^{1}$ become nonlinear and singular functions of $\delta \varepsilon_{e}^{i}$, and $\Delta \varepsilon_{e}^{i}$ exhibit a jump. Moreover, at the additional condition $B>0$ the symmetry breaking appears. Figure 2 shows the results of the minimization of Eq. (22) in this case, for the parameters comparable with the parameters of bismuth (see the Appendix). It is seen that in some interval of $H$, the shifts $\Delta \varepsilon_{e}^{i}$ become different, and the Landau level $0_{e}^{+}$ is not the same for the three ellipsoids. In other words, the trigonal symmetry of the ellipsoids and of the magnetostriction breaks in this interval of $H$, and the successive three phase transitions are visible in Fig. 2. We emphasize that this symmetry breaking is due to the singular terms $\Omega_{i}^{1}$ producing minima of $E\left(\Delta \varepsilon_{e}^{a}, \Delta \varepsilon_{e}^{b}, \Delta \varepsilon_{e}^{c}, H\right)$ at $\Delta \varepsilon_{e}^{i}$ which do not coincide with each other.

We now briefly discuss the experimental results of Refs. [5,6,14,15]. In contrast with the model used here, realistic models for the spectrum of bismuth reveal proximity of $0_{e}^{+}$and $\mu$ in a wide interval of the magnetic fields $[2,11]$. Then, the interval between the fields of the transitions can increase essentially, and it is not improbable that the unusual peaks observed in the Nernst coefficient of bismuth $[5,6]$ correspond to these transitions. As to the asymmetry of the angular dependence of the magnetostriction [15], its existence, at least for not-too-large tilt angles $\theta$, can be explained by the obtained spontaneous symmetry breaking of the electron ellipsoids. In experiments of Ref. [14] the magnetoresistivity was measured for magnetic fields lying in the basal plane that is perpendicular to the trigonal axis. For such magnetic fields, the spontaneous symmetry breaking of two electron ellipsoids can occur when the magnetic field is along the bisectrix direction. In principle, this breaking can lead to an asymmetric dependence of magnetoresistivity on the angle $\phi$ defining the direction of the magnetic field in the basal plane [14]. Of course, these qualitative considerations require additional theoretical and experimental investigations.

## B. Some generalizations

The approach used in Sec. V A can be easily extended to the case of multivalley metals with a large electron group and with $n$ equivalent electron pockets. Existence of the large electron group is exclusively assumed to simplify the equation determining the Fermi level. Due to the time-reversal symmetry connecting the points $\mathbf{k}$ and $-\mathbf{k}$ in the Brillouin zone, the relations $(i=1, \ldots, n)$

$$
\begin{equation*}
\Delta \varepsilon_{i}=\sum_{j j^{\prime}} D_{j j^{\prime}}^{i} u_{j j^{\prime}} \tag{24}
\end{equation*}
$$

between the energy-extrema shifts $\Delta \varepsilon_{i}$ of the equivalent electron pockets and the deformation tensor $u_{j j^{\prime}}$ are the same for the pockets at $\mathbf{k}$ and $-\mathbf{k}$. (Here, $D_{j j^{\prime}}^{i}$ is the deformation
potential.) Thus the number $\tilde{n}$ of the independent relations (24) for the equivalent pockets is $n / 2$ if the pockets are inside the Brillouin zone and is equal to $n$ if they are on its faces. Possible values of $\tilde{n}(\tilde{n}=1-4,6)$ do not exceed 6 , the number of the component $u_{j j^{\prime}}$ of the deformation tensor. Using these independent relations and a similar equality for the large electron group, one can express a part of $u_{j j^{\prime}}$ (or even all $u_{j j^{\prime}}$ if $\tilde{n}=6$ ) in terms of $\Delta \varepsilon_{i}$ where $i=1, \ldots, \tilde{n}+1$, and the index $\tilde{n}+1$ marks the large electron group. Expressing the energy $E\left(u_{j j^{\prime}}, H\right)$ via these $\Delta \varepsilon_{i}$, and minimizing the energy $E\left(\Delta \varepsilon_{i}, H\right)$ thus obtained with respect to the other $u_{j j^{\prime}}$ and to $\Delta \varepsilon_{\tilde{n}+1}$ (if $\tilde{n}<6$ ), we arrive at the formula similar to Eq. (22):

$$
\begin{align*}
E\left(\delta \varepsilon_{i}, H\right)= & A^{\prime} \sum_{i=1}^{\tilde{n}}\left(\delta \varepsilon_{i}\right)^{2}+2 B^{\prime} \sum_{i, j=1, i<j}^{\tilde{n}} \delta \varepsilon_{i} \delta \varepsilon_{j} \\
& +\frac{n}{\tilde{n}} \sum_{i=1}^{\tilde{n}} \Omega_{i}^{1}\left(\mu-\epsilon^{1}-\delta \varepsilon_{i}\right) \\
& +\left[N^{0}(H)-N(0)\right] \frac{n}{\tilde{n}} \sum_{i=1}^{\tilde{n}} \delta \varepsilon_{i}, \tag{25}
\end{align*}
$$

where $\delta \varepsilon_{i}=\Delta \varepsilon_{i}-\Delta \varepsilon_{\tilde{n}+1}, \Delta \varepsilon_{\tilde{n}+1}=A_{\tilde{n}+1} \sum_{i=1}^{\tilde{n}} \Delta \varepsilon_{i}$; the coefficients $A^{\prime}, B^{\prime}$, and $A_{\tilde{n}+1}$ are combinations of the elastic moduli of the metal and of its components of the deformation potential, $N(0)$ is the numbers of the electrons in one of the undeformed pockets at $H=0$, and $N^{0}(H)$ denotes the number of the electrons in all the Landau levels of this pocket except the Landau subband nearest to $\mu ; \epsilon^{1}$ is the edge of this subband; $\Omega_{i}^{1}$ are the $\Omega$ potentials for the electrons occupying the Landau level nearest to $\mu$ in the deformed pockets $i=1, \ldots, \tilde{n}$. Since $\mu-\epsilon^{1}$ is usually assumed to be small, in the Landau subband nearest to $\mu$ the dependence of the electron energy on the wave vector $k_{3}$ parallel to the magnetic field can be approximated by $\hbar^{2} k_{3}^{2} / 2 m_{s}$ with some mass $m_{s}$. Then, one can use formula (8) in the calculation of $\Omega_{i}^{1}$. In the derivation of Eq. (25), we have used that the Fermi energy $\mu(H)$ and its shift $\Delta \mu$ under the deformations are found from the relations: $\mu(H) \approx \mu(0) \equiv \mu$ and $\Delta \mu \approx \Delta \varepsilon_{\tilde{n}+1}$. As a result of these relations, the energy $E$ depends on the differences $\delta \varepsilon_{i}$ only. In the case $\tilde{n}=6$, we do not minimize $E\left(\Delta \varepsilon_{i}, H\right)$ with respect to $\Delta \varepsilon_{\tilde{n}+1}$. Now $\Delta \varepsilon_{\tilde{n}+1}$ is directly expressed via $\Delta \varepsilon_{1} \ldots \Delta \varepsilon_{\tilde{n}}$ with formula (24) for $i=n+1$. However, eventually we still arrive at the same formula (25) but with other expressions for $A_{\tilde{n}+1}, A^{\prime}$, and $B^{\prime}$.

In Secs. III and V A, in fact, we have considered the cases $\tilde{n}=1$ and 3 . It is also instructive to consider the case $\tilde{n}=$ 2 since this case shed light on existence of the symmetry breaking transitions for all even values of $\tilde{n}, \tilde{n}=2,4,6$. Indeed, for even $\tilde{n}$ the set of the electron pockets always can be divided into two equal parts, and we may put $\Delta \varepsilon_{i}=\Delta \varepsilon_{1}$ for the first part and $\Delta \varepsilon_{i}=\Delta \varepsilon_{2}$ for the second part. If the transition occurs under these constraints, it also occurs in situation when all $\Delta \varepsilon_{i}$ can be different. In other words, the case $\tilde{n}=2$ gives sufficient conditions for the symmetry breaking at even $\tilde{n}$.

For $\tilde{n}=2$, the first, second, and forth terms in Eq. (25) produce a minimum of $E$ in the plane $\delta \varepsilon_{1}-\delta \varepsilon_{2}$. This minimum lies in the straight line $\delta \varepsilon_{1}=\delta \varepsilon_{2}$ and occurs at the point

$$
\delta \varepsilon_{1}=\delta \varepsilon_{2}=-\frac{\left[N^{0}(H)-N(0)\right]}{2\left(A^{\prime}+B^{\prime}\right)} \frac{n}{\tilde{n}} \equiv \delta \varepsilon_{\mathrm{sym}} .
$$



FIG. 3. The lines of constant $E\left(\delta \varepsilon_{1}, \delta \varepsilon_{2}, H\right)$ in the plane $\delta \varepsilon_{1}^{\prime}-\delta \varepsilon_{2}^{\prime}$ under the condition that the Landau-level edge $\epsilon^{1}$ of the two equivalent pockets is close to the Fermi energy $\mu$. The black solid dots mark the absolute minima of the energy $E$, whereas the crosses mark its local minima. Here $\delta \varepsilon_{i}^{\prime} \equiv \delta \varepsilon_{i}-\delta \varepsilon_{\text {sym }}$ are measured in meV , and $E$ is defined by Eq. (25) with $\tilde{n}=2, B^{\prime} / A^{\prime}=0.5$, $e \sqrt{2 m_{s}} H_{1} /\left(3 \pi^{2} \hbar^{2} c A\right)=0.8 \mathrm{meV}^{1 / 2}$. The magnetic field increases from " a " to " f " and $\mu-\epsilon^{1}=0.5 \mathrm{meV}$ (a), 0.25 meV (b), -0.15 meV (c), -0.25 meV (d), -0.3 meV (e), -0.6 meV (f).

The singular terms associated with $\Omega_{i}^{1}\left(\mu-\epsilon^{1}-\delta \varepsilon_{i}\right)$ not only can shift this minimum but also can cause additional minima that do not necessarily lie in the line $\delta \varepsilon_{1}=\delta \varepsilon_{2}$. In other words, they can lead to the spontaneous symmetry breaking of the electron pockets, Fig. 3. In Fig. 3, we show the lines of constant $E$ in the plane $\delta \varepsilon_{1}^{\prime}-\delta \varepsilon_{2}^{\prime}$ where $\delta \varepsilon_{1}^{\prime} \equiv \delta \varepsilon_{1}-\delta \varepsilon_{\text {sym }}$ and $\delta \varepsilon_{2}^{\prime} \equiv$ $\delta \varepsilon_{2}-\delta \varepsilon_{\text {sym }}$. According to Fig. 3, the spontaneous symmetry breaking occurs at a magnetic field $H_{1}^{-}$that corresponds to panel "c," whereas the electron pockets return to the symmetric state at a field $H_{1}^{+}$that corresponds to the panel "e." The fields $H_{1}^{-}$and $H_{1}^{+}$are close to the field $H_{1}$ at which $\epsilon^{1}$ crosses the Fermi energy, $\epsilon^{1}\left(H_{1}\right)=\mu$, while their difference can be estimated as follows:

$$
\begin{equation*}
\left(H_{1}^{+}-H_{1}^{-}\right) \frac{e \hbar}{m_{\perp} c}=\frac{27 \alpha^{2} B^{\prime}}{64\left(A^{\prime}-B^{\prime}\right)^{2}\left(A^{\prime}+B^{\prime}\right)} \tag{26}
\end{equation*}
$$

where $m_{\perp}$ is the cyclotron mass of the pockets at $k_{3}=0$, and $\alpha=-\left(2 e H_{1} \sqrt{2 m_{s}}\right) /\left(3 \pi^{2} \hbar^{2} c\right)$ has the same form as in Eq. (11). The symmetry breaking occurs only at $B^{\prime}>0$ (the conditions $A^{\prime}>0$ and $\left|B^{\prime}\right| / A^{\prime}<1$ follow from positivity of the elastic energy). At $B^{\prime}<0$, the phase transition occurs
without the symmetry breaking, i.e., this transition is analogous to that considered in Sec. III. Since the constants $A^{\prime}$ and $B^{\prime}$ are similar to $A$ and $B$ given in the Appendix, they can be estimated as $A^{\prime} \sim B^{\prime} \sim C / D^{2}$, where $C$ and $D$ are characteristic values of the elastic moduli and of the deformation potential in the metal. If we put $H_{1}\left(e \hbar / m_{\perp} c\right) \sim \mu-\varepsilon_{1}$, where $\varepsilon_{1}$ is the energy-band edge for one of the equivalent pockets, we obtain the estimate for $\left(H_{1}^{+}-H_{1}^{-}\right) / H_{1}$,

$$
\frac{H_{1}^{+}-H_{1}^{-}}{H_{1}} \sim \frac{\alpha^{2} D^{4}}{C^{2}\left(\mu-\varepsilon_{1}\right)},
$$

which is of the order of the value given by Eq. (14).
Compare now the above symmetry breaking that is characteristic of metals with the Jahn-Teller effect [17], which occurs in molecules and solid insulators. When none of the Landau-subbands edges is close to the Fermi energy, the terms $\Omega_{i}^{1}$ in formula (25) vanish or become linear in $\delta \varepsilon_{i}$. Then, expression (25) reduces to the positively definite quadratic form in $\delta \varepsilon_{i}^{\prime}$ :

$$
\begin{equation*}
E\left(\delta \varepsilon_{i}^{\prime}, H\right)=A^{\prime}\left[\left(\delta \varepsilon_{1}^{\prime}\right)^{2}+\left(\delta \varepsilon_{2}^{\prime}\right)^{2}\right]+2 B^{\prime} \delta \varepsilon_{1}^{\prime} \delta \varepsilon_{2}^{\prime} \tag{27}
\end{equation*}
$$

The minimization of this form yields $\delta \varepsilon_{1}^{\prime}=\delta \varepsilon_{1}^{\prime}=0$, which means the absence of asymmetric deformations in this case. In the theory of the Jahn-Teller effect [17], a quadratic form for the appropriate energy contains linear terms, and these terms shift the energy minimum from the origin of the coordinate, i.e., lead to the spontaneous symmetry breaking. In the metals, when a Landau-subband edge is close to the Fermi energy, the singular terms $\Omega_{i}^{1}$ are added to the right-hand side of Eq. (27), and the symmetry breaking is due to these terms that have no counterparts in the theory of the Jahn-Teller effect.

At the end of this section, we briefly discuss the situation when the large electron group is absent, and a metal contains only two equivalent electron pockets "a" and "b." In this case, the Fermi level calculated from the conservation of the electrons: $N_{a}+N_{b}=$ const., has a complicated dependence on the magnetic field and on the deformations. Nevertheless, our numerical calculations show that the appropriate results do not differ qualitatively from those presented above. In particular, the difference $\left(H_{1}^{+}-H_{1}^{-}\right)$at the same values of the parameters is comparable with that given by Eq. (26). For this reason, in this paper, we have assumed existence of the large electron group, which simplifies our analysis.

## VI. CONCLUSIONS

We have shown that in strong magnetic fields the firstorder phase transitions can take place in metals with a multivalley band structure. These transitions are caused by the electron-phonon interaction, and they occur when an electron Landau level approaches the Fermi energy of the metals. At the transitions the magnetostriction and the magnetization experience jumps.

In metals with several equivalent groups of charge carriers, in certain intervals of magnetic fields a spontaneous symmetry breaking of the magnetostriction can occur that changes a crystal symmetry of the metals. These intervals are in the vicinities of the magnetic fields at which Landau levels of the equivalent groups are close to the Fermi energy. This result
reveals possibility of governing the crystal symmetry of the metals by a magnetic field.

## APPENDIX: PARAMETERS OF THE MODEL IMITATING THE BAND STRUCTURE OF BISMUTH

Direct calculations described in Sec. V A give the following expressions for the coefficients $A, B$, and $A_{h}$ :

$$
\begin{gather*}
A=\frac{\tilde{A}}{D_{A}}+2 \frac{\tilde{B}}{D_{B}}  \tag{A1}\\
B=\frac{\tilde{A}}{D_{A}}-\frac{\tilde{B}}{D_{B}}  \tag{A2}\\
A_{h}=-\frac{F_{1}}{3 F_{2}} \tag{A3}
\end{gather*}
$$

where

$$
\begin{gather*}
\tilde{A}=\frac{c_{33}\left(c_{11}+c_{12}\right)-2 c_{13}^{2}}{36},  \tag{A4}\\
D_{A}=c_{33}\left[D_{11}^{h}-0.5\left(D_{11}^{e}+D_{22}^{e}\right)\right]^{2} \\
-2 c_{13}\left[D_{11}^{h}-0.5\left(D_{11}^{e}+D_{22}^{e}\right)\right]\left[D_{33}^{h}-D_{33}^{e}\right] \\
+0.5\left(c_{11}+c_{12}\right)\left[D_{33}^{h}-D_{33}^{e}\right]^{2},  \tag{A5}\\
\tilde{B}=\frac{2\left(c_{11}-c_{12}\right) c_{44}-4 c_{14}^{2}}{9},  \tag{A6}\\
F_{1}=c_{33} D_{11}^{h}\left(D_{11}^{h}-\frac{D_{11}^{e}+D_{22}^{e}}{2}\right) \\
D_{B}=c_{44}\left(D_{11}^{e}-D_{22}^{e}\right)^{2}+2\left(c_{11}-c_{12}\right)\left(D_{23}^{e}\right)^{2}  \tag{A7}\\
-c_{13}\left[D_{14}^{h} D_{23}^{e}\left(D_{11}^{e}-D_{22}^{e}\right),\right. \\
+\frac{\left.c_{11}+D_{33}^{e}\right)+D_{33}^{h}\left(D_{11}^{h}-\frac{D_{11}^{e}+D_{22}^{e}}{2}\right)}{2} D_{33}^{h}\left(D_{33}^{h}-D_{33}^{e}\right), \\
F_{2}=  \tag{A8}\\
-c_{33} \frac{D_{11}^{e}+D_{22}^{e}}{2}\left(D_{11}^{h}-\frac{D_{11}^{e}+D_{22}^{e}}{2}\right) \\
+c_{13}\left[\frac{D_{11}^{e}+D_{22}^{e}}{2}\left(D_{33}^{h}-D_{33}^{e}\right)\right. \\
\\
\left.+D_{33}^{e}\left(D_{11}^{h}-\frac{D_{11}^{e}+D_{22}^{e}}{2}\right)\right]  \tag{A9}\\
-\frac{c_{11}+c_{12}}{2} D_{33}^{e}\left(D_{33}^{h}-D_{33}^{e}\right)
\end{gather*}
$$

According to Hansen et al. [19], one has $1 \mathrm{eV} \lesssim$ $\left|D_{i j}^{e}\right|,\left|D_{i j}^{h}\right| \lesssim 8 \mathrm{eV}$ for bismuth. On the other hand, $c_{i j} \sim$ $(7-64) \times 10^{10} \mathrm{erg} / \mathrm{cm}^{3}$ in this material [24]. With these values of $D_{i j}$ and $c_{i j}$, we take the following values of the parameters for our calculations of the Landau levels presented in Fig. 2: $A=3 \times 10^{17} \mathrm{~cm}^{-3} \mathrm{meV}^{-1}, B / A=0.5$, and $A_{h}=-0.4$.
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